

**Bala Catamaran 2010**  
**SPECIFIC SAILING INSTRUCTIONS**  
**For the Club Open**  
**Handicap Racing**  
**at Bala Catamaran Club,**  
**Llangower Point, Bala, Gwynedd, North Wales**

**1 Rules**

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing 2009-2012.
- 1.2 The following prescriptions of the RYA will apply. All changes will appear in full in the sailing instructions.
- 1.3 Racing Rules 44.1 and 44.2 will be changed as follows: The penalty shall be a 360 degree turn, which shall include one tack and one gybe.
- 1.4 RRS 40 – Personal Buoyancy & Safety – Flag ‘Y’ will not be flown.
- 1.5 All entrants must ensure their boats comply with their Class Regulations.

**2 Advertising**

- 2.1 Boats will race under RRS 79 Category ‘C’.

**3 Eligibility and Entry**

- 3.1 The regatta is open to all catamaran classes.
- 3.2 Eligible boats may enter by completing the Entry Form
- 3.3 Late entries will be accepted until 11am on 1 May 2010.
- 3.4 All sailors must be members of their National Association if they wish their results to be credited towards their National rankings.

**4 Fees**

- 4.1 Required fees are as follows:  
£30 for two-man catamaran  
£20 for single handed catamaran / or where helm is under 18 yrs old.

**5 Schedule**

- 5.1 Registration will be open from 9am to 11am on Saturday 1 May 2010 in the club house. (If applicable, registration will also open the previous evening, Friday 30 April).
- 5.2 Briefing will take place at 1100 hrs on Saturday 1 May 2010.
- 5.3 Racing Schedule:

Saturday 1 May	Briefing	1100 hrs
	First Race	1200 hrs followed by 2 more races
Sunday 2 May	First Race	1100 hrs followed by 2 more races
Monday 3 May	First Race	1100 hrs followed by 1 more race

If all scheduled races are NOT completed on Saturday or Sunday, then racing will commence ONE hour earlier on Sunday and Monday.

**6 Measurements**

- 6.1 Measurement certificates will NOT be requested at registration, but every competitor must

ensure that their catamaran complies with their relevant Class Association and/or handicap rules.

## **7 Sailing Instructions**

7.1 The sailing instructions will be available at registration.

## **8 Venue**

8.1 Racing will take place on Lake Bala, based at the Bala Catamaran Club, Llangower Point, nr Bala, Gwynedd.

## **9 Courses**

9.1 Racing will be around Club buoys and fixed transit line start. Courses to be sailed will be published on site.

## **10 Penalty System**

10.1 The penalties are as follows: Rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

10.2 Decisions of the Protest Committee will be final as provided in Rules 70.4.

## **11 Scoring**

11.1 The RRS Appendix A low points scoring system applies.

11.2 Three races are required to be completed to constitute a series.

11.3 When five races have been completed, there will be one discard.

11.4 When seven races have been completed, there will be two discards.

For further information please contact:

Don Findlay Race Officer

Tel: 01952 770589

email: [don@nacra.co.uk](mailto:don@nacra.co.uk)